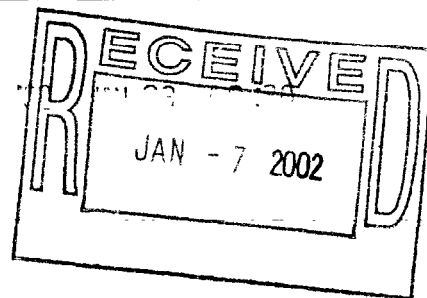


Natural Factors Nutritional Products Inc.



November 15, 2001

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204

Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

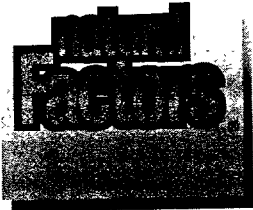
Supplement: Chewable Vitamin C

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
1550 United Blvd.
Coquitlam, B.C.
Canada V3K 6Y7

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th St. SW, Suite 100
Everett, WA 98203

Text of side Panel: Big Friends juice-flavored Vitamin C chewable wafers contain enhancing bioflavonoids to support the body's use of Vitamin C. Naturally sweetened Bio Sweet is made of real fruit sweeteners, maple syrup crystals and Fruitsource® (an all-natural combination of grape juice concentrate and rice syrup). A delicious way to enjoy all the benefits of Vitamin C.

Text of PDP: n/a

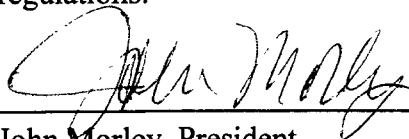


Natural Factors Nutritional Products Inc.

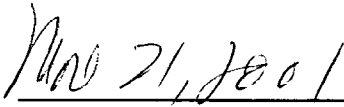
Name of dietary ingredient that is the subject of statement: Vitamin C

Name of dietary supplement: Big Friends® 100% Natural Fruit Chewable C 250mg

I represent the information presented to be accurate and in compliance with supplement label regulations.



John Morley, President



Date